

Heartland Community Schools - April 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Grains are Whole Grain Rich.

Fresh Fruit and Vegetable Bar Offered Daily with Lunch.

A Variety of Fruit and Juice are offered Daily with Breakfast.

A Variety of Low Fat and Fat Free Milk is Offered Daily with Breakfast and Lunch.

3 BREAKFAST PIZZA	4 WAFFLES	5 CHEESE OMELET	6 SAUSAGE BISCUIT	7 FROSTED WG LONG JOHN
CHICKEN FAJITAS STEAMED CORN FROSTED WG LONG JOHN FRUIT & VEGETABLE BAR	MINI CORN DOGS BAKED BEANS STEAMED BROCCOLI FRUIT & VEGETABLE BAR	ROAST BEEF MASHED POTATOES STEAMED CORN FRESH BAKED ROLL FRUIT & VEGETABLE BAR	SLOPPY JOES BAKED FRIES 100% FRUIT JUICE SLUSH FRUIT & VEGETABLE BAR	GRILLED CHEESE TOMATO SOUP TRI TATERS FRUIT & VEGETABLE BAR
10 PANCAKE WRAP	11 CHOCOLATE CHIP MUFFIN	12 MINI PANCAKES	13 CHICKEN BISCUIT	14
GRILLED CHICKEN SANDWICH MAC & CHEESE STEAMED PEAS FRUIT & VEGETABLE BAR	*NEW ITEM* TERIYAKI BEEF VEGETABLE RICE STEAMED CARROTS EGG ROLL	CHICKEN TENDERS BAKED POTATO BAR FRESH BAKED CORN BREAD W/HONEY STEAMED BROCCOLI	HAMBURGER ON BUN BAKED FRIES 100% FRUIT JUICE SLUSH FRUIT & VEGETABLE BAR	
17	18 BREAKFAST PIZZA	19 CHOCOLATE CHIP FRENCH TOAST	20 WG FROSTED LONG JOHN	21 EGG & CHEESE BISCUIT
	MAX CHEESE STICKS MARINARA DIP CUP STEAMED PEAS FRUIT & VEGETABLE BAR	BBQ MEATBALLS STEAMED GREEN BEANS FRESH BAKED MUFFINS FRUIT & VEGETABLE BAR	CHICKEN FRIED STEAK MASHED POTATOES GRAVY FRESH BAKED ROLL	TACOS STEAMED CORN CHURROS
24 PANCAKE WRAP	25 CHOCOLATE CHIP MUFFINS	26 CHICKEN BISCUIT	27 BREAKFAST PIZZA	28 WAFFLES
HOMEMADE PIZZA STEAMED CORN 100% FRUIT JUICE SLUSH FRUIT & VEGETABLE BAR	CHICKEN ALFREDO STEAMED BROCCOLI FRESH BAKED BREADSTICKS	BBQ PORK SANDWICH BAKED FRIES 100% FRUIT JUICE SLUSHIE FRUIT & VEGETABLE BAR	HOT DOGS BAKED BEANS STEAMED BROCCOLI FRUIT & VEGETABLE BAR	TACO SALAD STEAMED CORN MINI WG DONUTS

